

Adult First Aid/CPR Training – Jack Norray

One quarter of Americans say they've been in a situation where someone needed CPR. Given properly and immediately to sudden cardiac arrest victims, CPR can save lives. Participants will learn how to perform CPR and care for respiratory and cardiac emergencies in adults until professional medical help arrives. In addition, participants will learn the basics to First Aid. This course provides Adult First Aid/CPR through the American Safety and Health Institute (ASHI) curriculum and is developed to provide the knowledge, skills, and confidence to respond in a medical emergency. Attendees successfully completing course will be issued an ASHI Certification for Adult First Aid/CPR.

Target Audience: Civil servant employees only. **Please register through SATERN.**

Adult CPR Training – Nong Nopakun

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Target Audience: All employees. **Please register through SATERN.**

Asbestos Awareness Training – Tracy Avant & Sylvia Grimes

Do you work with or around materials that contain asbestos? Attend this training to be able to recognize asbestos-containing materials, and understand the hazards of asbestos. All personnel who may contact asbestos-containing materials while performing building renovation, maintenance, or custodial activities, are required to attend asbestos awareness training annually. This training is intended for employees who have contact with, but do not disturb asbestos- or presumed asbestos-containing materials and for employees who clean up dust, waste and debris that may contain asbestos. This course will focus on recognizing damaged and deteriorated asbestos-containing materials, and working safely around them. If you work in building renovation, operations and maintenance, utilities, or as a building manager or custodian and you may contact asbestos-containing materials, you must attend this training annually.

Target Audience: Construction and building renovation personnel, operations and maintenance personnel, and custodial workers.
Please register in SATERN.

Basic Cryogenic Hazards – Luis Muniz

Students will learn about the hazards of working with cryogenic systems. Prerequisite course: ***"Oxygen Deficiency Hazards"***, available on-line through SATERN or as an instructor-led course in this program.

Target Audience: Employees working with or in the vicinity of cryogenics **Please register in SATERN.**

Boater Safety – Risk Management – John Galleazzi

This will cover what boating safety education boaters must take, as required by state law, and what else they really need to know. We will discuss how risk management principles can further prevent boating accidents.

Target Audience: All employees.

Buying and Using Prescription and OTC Medicines Safely – Lesley Navin, RN, Division of Drug Information

This presentation will discuss safety measures for consumers purchasing and using over the counter and prescription medicines. In addition to general safety topics, the discussion will include how to find useful information on the medicines you are taking, generic vs. brand options, ordering medicines on the internet, health fraud, tips for parents and for seniors, and how to manage and report problems with medications.

Target Audience: All employees.

Columbia Investigation and Lessons-Learned Presentation – Daniel Heimerdinger

The Space Shuttle Columbia and crew of 7 was lost upon re-entry on February 1, 2003. That event triggered the second independent investigation for loss of a Shuttle and crew. Dr. Heimerdinger was a member of the investigative team on the independent Columbia Accident Investigation Board (CAIB). He will provide a summary of the investigative process including a discussion of the technical and organizational causes of the tragedy based on the event reconstruction and both technical and organizational analyses. Dr. Heimerdinger will show and discuss some of the videos and simulations used in the investigation and provide personal and professional lessons-learned from this tragic event.

Target Audience: All employees.

Community Emergency Response Team (CERT) – Ernest Walker

Information will be provided on how this team functions and how we can all be a part of the team.

Target Audience: All employees.

Con-games and Fraud; Learning how to recognize and prevent scammers – George Mathews

During the presentation we will discuss various types of fraud schemes and con games, some of which have taken place locally. We also show what to look for to so as not to be victimized and tips for properly reporting these types of crimes. Among the types of con games/frauds addressed are pyramid schemes, pigeon drops, fake check scams and others.

Target Audience: All employees.

Counterintelligence Awareness – Chris Breil

Christian Breil is a NASA Counterintelligence (CI) Special Agent and his presentation will focus on situational awareness on how we can protect ourselves and NASA from hostile foreign actors (intelligence services, terrorists, etc.).

Target Audience: All employees.

Cryogenic Safety: Design, Construction and Operations – Tony Nicoletti

This course outlines good safety practice in the design, operation and construction of cryogenic systems, provides an over view of applicable NASA and pressure vessel systems construction requirements and design codes including proper cryogenic relief valve sizing methods and formulas. This course also explains the peer review process for new, modified and legacy systems, the requirements for Dewar user certification, and GSFC.s policy on liquid oxygen safety.

Target Audience: Persons who design cryogenic systems, use complex systems or sub-atmospheric dewars. **Please register in SATERN.**

Demonstration - Electrical Safety – PEPCO Demonstration

With 110volts through a 70amp single pole breaker, the demonstration trailer can be safely back fed to provide a realistic overview of the hidden danger of electricity. The demonstration also provide an excellent means of communicating how electricity gets from the generating stations to the end user, and certain procedures that our employee's must follow to insure their safety that may appear to the customer as unnecessary. By the end of the demonstration the viewer understands that there are no second chances when working with a product that moves 186,000 miles per second, and has been measured as hot as the surface of the sun.

Demonstration – Fall Protection – TechSafety – This provide a demonstration of self-rescue and team rescue from scissor lifts using specialize safety equipment. Basic information on fall protection such as proper selection, inspection, and specific use of equipment will also be discussed at this demonstration.

Target Audience: All employees

Directorate Safety Stand Down – Directors

This session will include a kick-off by the Center Director's office and a presentation by the Director of (or their representative) and Safety Representatives from the Directorate. The presentation will include information on this year's Campaign Theme of Fire Safety and specific information about Center Safety Resources, Safety Metrics, SHEtrak, and Incident Reporting Overview.

Target Audience: Employees of the Directorate

Display - Safety Glasses Table – Offering a wide variety of different styles and fits to make sure your eyes stay protected and you remain comfortable.

Domestic Violence Awareness - Domestic violence and abuse can happen to anyone, yet the problem is often overlooked, excused, or denied. This is especially true when the abuse is psychological, rather than physical. Noticing and acknowledging the sign of an abusive relationship is the first step to ending it. No one should live in fear of the person they love. If you recognize yourself or someone you know in the following warning signs and descriptions of abuse, reach out.

Target Audience: All employees.

Driver Safety Seminar – CPL Frank Carson, Prince George's County Police

A lively discussion about driver behavior and vehicle dynamics, safe driving actions, and Maryland's driving laws as they apply to everyone. I like to involve the audience, so come with questions, answers, and willingness to laugh and talk.

Target Audience: All employees.

Dynamics of Addiction – Stosh Comisiak

Presentation will provide insight into how many types of addiction can affect not only us, our family, but the people that we work with.

Target Audience: All employees.

Electrical Safety - Arc Flash – Art Gavin/Dean Wolf, Code 360

The class will prepare students to assess arc flash hazards and take actions to mitigate hazards by selecting appropriate Personal Protective Equipment (PPE) and determining protection boundaries. Students will also learn how to use NFPA-70E (2009) tables to determine protection boundaries.

Target Audience: This course is intended for anyone who works with electricity.

Electrical Safety at Home and Work – Joe Morrell

Electricity is present everywhere in our daily life whether we are at work or home. In the work place OSHA estimates that over 400 people annually are killed by electricity, at home those rates are even higher. Everyone attending, electrician or not, will learn at least one electrical safety precaution that can save their life. This presentation will help reduce your exposure to electrical hazards using a “Common Sense” approach.

Target Audience: All employees.

Emergency Preparedness – Joey Henderson, EMO, Code 240

This presentation will discuss some of the hazards that employees at GSFC could face. The presentation will also give simple steps in handling those hazards and becoming better prepared.

Target Audience: All employees.

Enforcement Challenges Faced by the US Coast Guard – Commander Michael Keane, US Coast Guard

Commander Michael Keane currently serves as the Response Department Head at Sector Baltimore and will be providing an overview of the US Coast Guard on the Chesapeake Bay, providing specific examples of how your Maritime Domain Awareness would significantly assist you while you are on the water during various responses and events that the US Coast Guard undertakes each day.

Target Audience: All employees.

Engineering Colloquium – Safety Lessons from “Topgun” – Scott Altman

Astronaut Scott Altman will provide specific information on his involvement on the movie set of “Top Gun” and who he was able to contribute to the technical accuracy of the story.

Target Audience: All employees.

Ergonomics: Deskercise - Dr. Jay Greenstein

Begins with identifying attendees major musculoskeletal concern related to their work situation. Proper ergonomic conditions for work, home, and activities for daily living will be discussed, followed by active participation in a series of stretches and exercises that can be performed at the workstation. Also stretches for those that participate in a lunchtime walking or jogging program will be performed.

Target Audience: All employees.

Ergonomics – Evidence Based Treatment of Lower Back Pain – Dr. Barton Bishop

Each attendee will have the opportunity to possibly identify their specific back pain concern throughout the presentation. The biomechanics and the different origins of lower back pain and the proper treatment guidelines will be discussed. Also identification of ergonomic issues, proper bending and lifting techniques and proper stretching will be presented.

Target Audience: All employees.

Evaluating Tanzanian Artisanal Gold Miner's Exposure to Respirable Silica Dust – Jeff Dalhoff, Code 360

GSFC's Industrial Hygienist Jeff Dalhoff will recount the experiences that he had during his sabbatical in the summer of 2014 while working in the Gold Mining areas of Tanzania.

Target Audience: All employees.

Everyday Biking Seminar – Nelle Pierson, Washington Area Bicyclist Association

The Everyday Biking Seminar is a short presentation designed to introduce the basics of how to safely and easily fit biking into your daily life. It includes tips on: making sure your bike is in good working order, planning a good route, understanding safe riding principles and rules of the road and trail, carrying the things you need to carry, and more. After the presentation, WABA's trained staff will answer your questions, address your concerns, and resolve that nagging issue that has kept you from biking. (In our experience, everyone who isn't biking but wants to has that one nagging issue!) The full seminar takes only an hour, and we provide every participant with a Safe Cycling guide, local bike map, opportunity to take a free WABA city cycling class, and materials on upcoming bike-related events, activities, and programs.

Target Audience: All employees.

Face to Face with the Goddard Safety Committee - Members of Goddard Safety Committee

Did you know each Directorate has a representative on the Center-wide Safety Committee, which meets monthly? Come meet your representative and find out what they are doing for you. Their job is to make sure safety issues are coordinated between directorates and look for ways to improve the overall safety stance of the Center. They review results of the Safety Culture Survey and determine initiatives to work on, sponsor the SAC and in general review the health of the Center Safety Program. They provide a link to the rest of the Center and Center Management on safety issues.

Target Audience: All employees.

Financial Exploitation of the Elderly – Robert Hyde, NASA Federal Credit Union

Adult Financial Exploitation is crime that steals an estimated \$2.9 billion annually from our elderly citizens. Attend this seminar to learn what is happening, and what you can do to protect you loved ones and yourself....Current Scams perpetrated against vulnerable and elderly adults; How you can protect yourself and/or you loved ones; and Whom to contact when you suspect that someone you know is being financial exploited.

Target Audience: All employees.

Fire Extinguisher Training – Chris Scheer/Art Gavin, Code 360

The class covers simple science of fire, classification of fires, features and limitations of fire extinguishers, selection and operation of fire extinguishers, and safety when using a portable fire extinguisher. Participants will move to a designated outdoor location for hands-on training, which includes the use of special training fire extinguishers on Code 360's electronic fire extinguisher training system.

Target Audience: This course is required for fire watchers, Hot Work Representatives, and for anyone who may want to use a portable fire extinguisher. **Please register through SATERN.**

Fire Safety at Home – Chris Scheer/Dean Wolf, Code 360

Helping you filter fact from fiction, and sort silly from serious in home fire safety. We discuss smoke detectors, carbon monoxide detectors, fire extinguishers, residential sprinklers, home escape plans, fire safe practices, and more. The topic is reinforced with exciting and informative video clips throughout the presentation.

Target Audience: Anyone interested in home fire safety information

Floor Warden Training Course – Joey Henderson, EMO, Code 240

This course is to inform Floor Wardens of responsibilities during an evacuation. Upon completion of this course, floor wardens should be able to: describe the emergency evacuation procedures in case of fire; describe the role of a floor warden in the evacuation process; and, identify special situations or individuals in the workplace that may require rescue assistance.

Target Audience: Individuals who have volunteered or plan on volunteering to be a floor warden in a building at GSFC

Floor Warden Shelter-In-Place Training – Joey Henderson, EMO, Code 240

The presentation will teach the FOMs/Floor Wardens what shelter in place is, and assist them in identifying hazards that could cause a shelter in place order. The presentation will also identify simple steps to cover when a shelter in place event happens.

Target Audience: GSFC FOMs and Floor Wardens

Food Safety – Vera Thompson

Vera Thompson has worked for 24 years for the Prince George's County Health Department as an Environmental Health Specialist. She has conducted over 3000+ food inspections at restaurants, grocery stores, nursing homes, schools, Six Flags Theme Park, Redskins Stadium, and University of MD. She will be providing information on ways to safely prepare, cook, store and serve food that will prevent food borne illness/disease.

Target Audience: All employees.

Germiest Public Places – Geri Lyle

It's an exciting world out there, but it can be pretty germey too. With measles, flu, Ebola, and norovirus cases in the news, hand hygiene has become even more important. You can catch a virus indirectly by touching previously contaminated surfaces and objects. So protect yourself from getting sick and learn what the germiest public places are.

Target Audience: All employees.

GSFC Wildlife and Insect Safety – Ticks, Mosquitoes and Critters Oh My! – Katherine Feldman, State Health Department

Discussing infectious disease risks (and how to prevent them) from wildlife, including mammals, ticks and mosquitoes. Diseases to be discussed include rabies, Lyme disease, other tickborne diseases and West Nile virus.

Target Audience: All employees.

Hazardous Materials Management System (HMMS) – Ken Yargus, Code 250

Safety Data Sheets are easy to find online for any hazardous material with a yellow inventory sticker. Your inventory is updated when new materials arrive and old materials are discarded. Learn how this customer friendly system works for you.

Target Audience: Users and purchasers of hazardous materials

Hazardous Waste Training – Harry Stein, Code 250

Hazardous Waste Management Training covers key topics for managing hazardous wastes including, but not limited to: Identifying Solid Waste; Identification and Listing of Hazardous Waste; Generators Responsibilities; Satellite Accumulation Requirements; Universal Waste; and Spills.

Target Audience: Hazardous waste generators, satellite accumulation area point of contacts, personnel responsible for any outdoor storage of potentially polluting materials, and their supervisors. **Please register through SATERN.**

Hearing Conservation – Roy Deza, Code 360

Noise is everywhere. It is the most pervasive environmental pollutant on the planet. Virtually everything we do makes noise, and the more we do it, the faster we do it, and the more of us there are - - - the more noise is made. Not only is noise present in our daily routine and recreational activities, the National Institute on Deafness and Other Communication Disorders estimates that approximately 15 percent of Americans (26 million people) between the ages of 20 and 69 have high frequency hearing loss due to exposure to noise at work or during leisure activities. Administration of a comprehensive and effective hearing conservation/ hearing loss prevention program consists of more than merely purchasing and dispensing hearing protectors. Audiometric testing, education, training, and program evaluation are but a few of the additional important aspects of an overall program. This course will review these elements and others in a practical and realistic manner, providing recommendations to ensure protection of the worker and compliance with the law.

Target Audience: All employees who are exposed to noise hazards on and off the job. **Please register through SATERN.**

Human Error Is Part of Our Life and Our Work – Carl Wales, Code 581

Human Error: You can't live with it! You can't live without it. Why do we need it? Why we don't want it! You will make errors/mistakes. Equally important is understanding the detrimental effect of the stigma associated with human error. The winning game plan is to reduce the occurrence of human error when adverse consequences are high and minimize the adverse consequence if human error occurs. Equally important is learning from mistakes—those of yours and of others. To quote H. G. Rickover “You

have to learn from the mistakes of others. You won't live long enough to make them all yourself.” A presentation/discussion on the role human error plays in our lives and our work place.

Target Audience: All employees.

Human Performance Tools for Critical or High Risk Operations – Michael Nichols

Making mistakes is a part of being human. However, human error is predictable and preventable and can be effectively controlled in critical or high risk operations. This course provides an overview of the Human Factors tools that have been implemented in the Department of Energy, Nuclear and Fossil Fuels Industries and has been successful in reducing operator errors. The course provides an overview of 14 human performance tools and resources available to individuals, supervisors, or organizations interested in methods to help reduce human error.

Target Audience: All employees.

Humanscale Presentation – Alex de Lara

Ergonomics, as the science of fitting the workplace environment to the individual, is an important part of workplace productivity. Each year ergonomic injuries result in a significant share of lost time at work, not to mention the overall impact of decreased quality of life. This presentation will demonstrate ergonomic office furniture and tips to better fit your workplace to your individual needs.

Target Audience: All employees.

I&T Safety Inhibit Timeline Tool Overview - Shirley Dion, Code 360

In the past, NASA has placed more emphasis on assessing safety hazards for spacecraft operations at the launch range rather than at the integration and testing (I&T) site. The Safety Inhibit Timeline Tool was created as one approach to capturing and understanding inhibits and controls from I&T through launch. Global Precipitation Measurement (GPM) Mission was one of the first NASA Goddard in-house programs that extensively used software controls. Using this tool during the GPM buildup allowed a thorough review of inhibit and safety critical software design for hazardous subsystems such as the high gain antenna boom, solar array, and instrument deployments, transmitter turn-on, propulsion system release, and instrument radar turn-on. The GPM safety team developed a methodology to document software safety as part of the standard hazard report. As a result of this process, a new tool “safety inhibit timeline” was created for management of inhibits and their controls during spacecraft buildup and testing during I&T at GSFC and at the launch range in Japan. The Safety Inhibit Timeline Tool was a “pathfinder” approach for reviewing software that controls the electrical inhibits.

Target Audience: System Engineers, Safety Engineers (project and facility), Risk Management support, Project Management, I&T Facility Management

Identity Theft – Robert Hyde, NASA Federal Credit Union

Identity Theft is the fastest growing crime in America. Attend this seminar and learn: How Crooks Get Your Personal Information; How to Minimize Your Risk; Warning Signs That You May Be a Victim; and What To Do If You Are a Victim and Where To Get Help

Target Audience: All employees.

Indoor Air Quality at Home and Work – Susan White

Susan White is an accomplished safety and industrial hygiene consultant with over 27 years of responsibility. She has a history of high-profile national emergency response and recovery efforts including the World Trade Center terrorist attack where Susan was responsible for FEMA personnel exposure at Ground Zero. Her presentation will provide specifics on the many types of Indoor Air Quality issues that we are faced with each day.

Target Audience: All employees.

GSFC- Integrated Contingency Plan: Supervisors & Oil Handling Personnel Training – Lori Levine, Code 250

Integrated Contingency Plan Training provides site specific guidance on oil handling, spill prevention and reporting, emergency response procedures, storage tank management, record keeping and other oil operations issues. This course is an annual requirement designed for Center employees who use or witness the storage and/or transfer of oil and their supervisors.

Target Audience: This course is designed for GSFC employees, contractors and sub-contractors who: Use, store, and/or transfer oil; witness the use, storage and/or transfer of oil; repair or maintain machinery that contains oil; and their supervisors.

Keynote Presentation: Off the Script: Situational Awareness in Contingency Situations – Benjamin Alvin Drew, Astronaut
Benjamin Drew's anecdotes of some off-nominal situation he has encountered in flight, in combat, and in space. In each case, Benjamin will relate the lessons learned back to situations closer to everyday experience.

Target Audience: All employees

MFRI – Sprinkler Display - The Maryland Fire and Rescue Institute (MFRI). The need for residential sprinklers in every home must be continually emphasized. The MFRI and the National Fire Sprinkler Association, Inc. (NFSA) created a custom built Residential Sprinkler Demonstration Trailer that features a demonstration of a fire and how the use of sprinklers can save lives.

Target Audience: All employees

Motorcycle Safety Awareness – Ray Ochs

Ray Ochs has been with the Motorcycle Safety Foundation since 2001 and began riding in the mid-60s. His presentation will provide situational awareness on how to safely operate a motorcycle on the roadways.

Target Audience: Motorcycle riders and enthusiasts.

NASA Safety Center Booth - Representatives from Knowledge Management Systems will be available to provide information such as: Agency safety alerts, mishap investigation report lessons learned, and information about the NSC Knowledge Now web site. They will also have posters and pamphlets that include safety tips for accident prevention.

Target Audience: All employees

NASA Safety Reporting System (NSRS) Display Table - The NSRS is an anonymous, voluntary, and responsive reporting channel to notify NASA's upper management of your concerns about hazards. Your report is guaranteed to receive prompt attention. Established by the NASA Administrator in 1987 after the Challenger Shuttle mishap, the NSRS has since supported all flights and has been expanded to cover all NASA operations.

Normalization of Deviance; How Small Cascading Events Can Result in Disaster – Jerry Rivera

The one hour general session will give participants an understanding on of how cumulative unsafe acts can lead to catastrophe. This presentation will provide the audience with a better understanding on how to identify at risk behavior and engage a collaborative approach to enhancing safety and health in the workplace.

Target Audience: Senior leadership and line employees

Organizing Your Financial Records – Charlie Hudson, NASA Federal Credit Union

Looking to reduce clutter and get rid of paper is not only green but more efficient, however some records should be held onto longer than others, in this seminar learn how to: Organize your records; Develop an efficient bill-pay system; Decide what records to keep, where and for how long, and how to take a home inventory and prepare a Financial Notebook.

Target Audience: All employees.

Overuse of Antibiotics – Cheryl Reynolds

Cheryl J. Reynolds is the new Nurse Practitioner at the Goddard Health Unit who has prescribed antibiotics to her patients from infants to the very old in a variety of settings to include clinics, hospitals, as well as nursing homes. Presentation will be about antibiotic overuse, antimicrobial resistance, and the importance of protecting yourself.

Target Audience: All employees.

Oxygen Deficiency Hazards – Luis Muniz, Code 360

This course describes potential oxygen deficiency hazards associated with cryogen and compressed gas storage areas, and the controls Goddard has implemented to mitigate these hazards.

Target Audience: Individuals who work in areas where cryogenic liquids are stored. **Please register in SATERN.**

Pet Safety – Krystal Kennedy, Code 360

These days animal owners tend to treat our pets just like a member of our family. We take them to pet spas, buy them the finest treats from pet bakeries, and drop them off at daycare so that they can be with other pets while we are at work! But, do we know how to help our pets in the case of an emergency? Safety Engineer, Krystal Kennedy, is certified in Pet CPR and First Aid and she will present attendees with practical tips to ensure the safety of their dog, cat or exotic pet. Covered topics will include snout-to-tail assessments, first aid kit contents, travel safety tips and things to consider in case of necessary evacuation due to natural disaster.

Target Audience: All pet lovers

Respiratory Protection Training – Ching-tsen Bien, Project Enhancement Corporation

Engineering controls such as local exhaust ventilation or process substitution are preferred methods to control health hazards. Respiratory protection is only used when engineering controls are not feasible. To ensure the respiratory protective device is effective, program elements, such as physical qualifications, program management, training, and fit testing must be implemented. The presentation covers program elements.

Target Audience: Employees who wear respirators as required to perform his/her duties. **Please register through SATERN.**

Safety Jeopardy – MC, Rich Barney, Code 300

A competition formatted like TV's Jeopardy, with upper management contestants challenged with questions from categories such as home safety, kids safety, IT security, office safety, and emergency preparedness.

Target Audience: All employees.

Safety Review of Materials and Equipment Purchases – Hernan Castellanos, Code 360

This presentation discusses requirements and procedures for conducting a safety review of proposed materials and equipment purchases to assure compliance with NASA Directives and Federal Acquisition Regulations.

Target Audience: Personnel involved in the initiation, preparation, submittal, and authorization of Purchase Requisitions (PR) (e.g. purchasing personnel, Program/Project Managers, Contract Specialists)

Safety Shoemobile from SafGard

These stores on wheels offer customers ample room to review our products, interact with mobile store managers, and sit down while they try on new safety footwear. Each shoemobile carries a minimum of 1600 pairs of safety shoes. Additionally, each truck is stocked with the customer's specific needs in mind.

Self Defense - Mike Comberiate, Code 400

Self Defense is a matter of awareness, common sense, and experience. In a surprise situation, we may not have much of this unless we have taken some time beforehand to consider such situations and practice certain things. This class will provide you with an opportunity to do that, so that you have a better chance of survival in threatening situations.

Target Audience: All employees.

Shred-It Truck - Shred-it specializes in providing tailored document destruction services that allow businesses to comply with legislation and ensure that the client, employee and confidential business information is kept secure at all times. Through our strict chain-of-custody processes, reliable on-time service and a global network of local service centers, Shred-it provides the most secure and efficient confidential information destruction service in the industry.

Situational Awareness for Motorists and Pedestrians – Krystal Kennedy, Code 360

Motor vehicle crashes continue to be one of the leading causes of death in the US and pedestrian deaths are certainly on the rise in the Washington Metropolitan Area. Join Motor Vehicle Safety Program Manager, Krystal Kennedy, as she presents helpful steps that can be taken to increase the odds of arriving to your intended destination safely. Topics to include distracted driving, defensive driving, bicycle safety, pedestrian safety, GSFC accident reporting procedures and a review of last year's motor vehicle accidents that occurred at GSFC.

Target Audience: All employees.

Situational Awareness in Safety and Security at the National Archives – Kevin McCoy

Kevin A. McCoy is the Director of Security and Senior Safety and Health Official of the US National Archives and Records Administration where he is responsible for 47 federal facilities across 17 states which include Presidential Libraries, Archives and Federal Records Centers. His presentation will give insight into how the National Archives uses Situational Awareness to help keep our nation's most valuable documents safe and secure.

Target Audience: All employees.

Slip, Trip, Fall Prevention – Lisa Cutler, Code 360

Falls account for over 8 million hospital emergency room visits each year, representing the leading cause of emergency room visits (21.3%). By tracking these injuries and investigating their cause, we can better direct our prevention efforts. This presentation will provide specifics about the incidents that have happened at GSFC and using situational awareness ways to prevent them from occurring.

Target Audience: All employees.

Sports Injury/Running Injury Prevention – Dr. Nicole Gangl, Yalich Clinic of Glen Burnie

A course designed for both novice and experienced runners and active individuals to improve their enjoyment of running and various other activities. Following a brief overview of important running/movement anatomy and physiology, participants will be guided through a series of interactive strengthening exercises to stabilize their core and hips and thus improve their running/movement form and economy while also decreasing their risk of injury.

Target Audience: All employees.

Stormwater Pollution Prevention Plan Training – Lori Levine, Code 250

The GSFC Storm Water Pollution Prevention Plan (SWPPP) training describes the requirements and employee responsibilities defined in the GSFC SWPPP for the Greenbelt facility. The training is required annually for employees who are an assigned member of the SWPPP Team or who work in an area covered by the SWPPP.

Target Audience: Employees and contractors who work in activity areas covered by GSFC's SWPPP. **Please register through SATERN.**

Suicide Awareness – Stanley (Stosh) Comisiak, Code 250

Suicide occurs when a person ends their own life. It is the 11th leading cause of death among Americans. But suicide deaths are only part of the problem. More people survive suicide attempts than actually die. They are often seriously injured and need medical care. Most people feel uncomfortable talking about suicide. Often, victims are blamed. Their friends, families, and communities are left devastated. Suicide affects everyone, but some groups are at higher risk than others.

Several factors can put a person at risk for attempting or committing suicide. But, having these risk factors does not always mean that suicide will occur.

Target Audience: All employees.

Wallops Antares Rocket Mishap Overview – Carolyn Turner

Carolyn Turner, the Deputy for Ground Safety at Wallops Flight Facility, will present an overview of the Planning, Responding, and Moving Forward that Wallops has gone through from the Antares ORB-3 Rocket Launch failure that occurred on October 28, 2014.

Target Audience: All employees.